



# Head Protection

The hard hat is one of the most widely used and important pieces of personal protective equipment (PPE) on the job. Hard hats prevent hospitalization.

## Remember This

- ¾ On a jobsite, always wear a hard hat that fits properly.
- ¾ Always wear your hard hat with the bill facing forward. Certification by ANSI does not cover hard hats worn backwards.
- ¾ Always avoid contact between the hard hat and electric wires.
- ¾ Always keep the space between the shell and the head clear. For example, don't wear a ball cap or other object under your hard hat. Never alter it.

- # Have you or someone you know ever had their hard hat prevent an injury? If so, what happened?
- # How could this incident have been prevented?



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