

## Vibration: Hand and Arm

Vibrations c aused by pow er tools, machine ry, vehicle s, and heav y equipment affect the bl ood supply to the fingers and toes and can be serious a nd dis9.8 (r)1s1.1 (s)-0.6 ()-0(s)(, 0- ()Tj 0.001 Tc -0.001 Tw 0.231 0 Td [( e5@a)-d(a)0874(6)2496(s)+0.1 (e)]TJ 0 Tc 0 Tw 35934 0 Td ()Tj 0.001 Tc 0

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Wear gloves or use anti-vibration wraps to improve grip strength and lessen the shock of vibrating tools.

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