



# Vibration: Hand and Arm

Vibrations caused by power tools, machinery, vehicles, and heavy equipment affect the blood supply to the fingers and toes and can be serious and disabling.

50 CFR 101.11 (s)-0.6 ( )-0(s), 0- ( )Tj 0.001 Tc -0.001 Tw 0.231 0 Td ( )Tj 0.001 Tc 0  
e56a-d(3)087(6)2-96(e)s 4.1 (e)]TJ 0 Tc 0 Tw 35934 0 Td ( )Tj 0.001 Tc 0





# Vibration: Hand and Arm

Wear gloves or use anti-vibration wraps to improve grip strength and lessen the shock of vibrating tools.